# PEDIATRIC MEDICAL & BEHAVIORAL PROGRAMS & SERVICES



# Specialty care for special pediatric patients.

There is no place like home for a child, but Nexus Children's Hospital offers a family-focused environment centered around quality care for children with complex needs. Our flexible admissions criteria allows us to treat a wide variety of diagnoses and treat children with primary medical issues with potential secondary behavioral problems. Patients benefit from our individualized treatment plans and sub-specialty care as we continue **mending minds**.

### STANDARDS OF CARE

- Neuropsychology and neuropsychiatry
- Physical and medical rehabilitation, including physical, occupational, and speech therapy
- Mental health services, including behavior management, mental health, individual and group therapy interventions
- Individualized nutrition plans developed by registered dietitian
- Planned recreational therapy and activities that promote prosocial interactions
- Daily physician, physician's assistant, and nurse practitioner coverage
- 24-hour nursing coverage
- 24-hour acute and non-acute respiratory coverage (Houston Campus)



A Nexus Health Systems Facility

# Rehabilitation: Innovating and Striving for Excellence (RISE) Program.



### TRAUMATIC BRAIN INJURY

After a traumatic or acquired brain injury, children often require a broad range of services as their level of responsiveness and medical conditions evolve. This program emphasizes standards of care developed to help patients across all phases of brain injury recovery. Patients can admit to any phase of the program, just as they can progress to any level of care as their needs evolve.

#### **PROGRAM PHASES**

Nexus pediatric

- **1.** Disorders of Consciousness
- 2. Post Traumatic Amnesia/Delirium
- **3.** Recovery

Outpatient services are available when a patient discharges.

### SPINAL CORD INJURY

Designed for recovery from spinal cord injuries, medical care and rehabilitation are tailored to each patient's level of injury that is determined by the American Spinal Injury Association (ASIA) Impairment Scale exam. Once sensory and motor levels are assessed, the team customizes a plan to work towards functional goals.

### **PROGRAM FEATURES**

- Medical Care Management
- Neuropsychological/Psychological Needs Management
- Nursing Team Management
- Rehabilitation Therapy
- Caregiver Training

Nexus Children's Hospital transitions all types of patients through the care continuum of care. they need, acting as the bridge between the acute hospital and home.



Treatment plans are determined by patient needs.

# Jump Start Health & Wellness.

This inpatient program for children with established weight control problems helps children struggling with childhood obesity and Prader-Willi Syndrome (PWS). We address patients' weight and behavioral problems and medical



complications through this one-of-a-kind program. Personalized calorie-controlled diets, set daily schedules, individualized physical training regiments, and behavioral health support are incorporated to help patients reach their personal health goals and maintain those goals after discharge.





\*Doesn't include patients who did not discharge in 2021 as end point data is not available.

# Child/Adolescent Medical Psychiatric (C.A.M.P.) Program.

Nexus Children's Hospital is uniquely equipped to care for children and adolescents who have complex medical diagnoses and behavioral challenges. Oftentimes,

these patients have nowhere else to go, as psychiatric hospitals cannot provide medical care and acute facilities cannot manage psychiatric problems. Our multidisciplinary team collaborates to provide medical care, psychiatric services, and rehabilitation to meet all patient needs within a single facility.

## PROGRAM FEATURES

- Integrates pediatrician, neurologist, psychiatrist, and physical medicine & rehabilitation doctor in one setting
- Cross-discipline schedule of services developed on an individual basis
- Physical, occupational, and speech therapies
- Psychotherapeutic groups and individual interventions (counseling, psychiatric sessions, milieu therapy)

## Neurodevelopmental Program.

Programming for children with intellectual disabilities, including significant autism, are supported by this program offering different therapies on a patient-by-patient basis.

# Additional Services.

### WOUND CARE

Nexus Children's Hospital is known for our leading wound care services. We provide comprehensive, state-of-the-art wound care treatment and therapy for patients with complicated, non-healing wounds and chronic illness. Our specially trained physicians and nurses use advance therapies and proven clinical protocols to successfully treat complex wounds that have previously resisted healing.

### **PULMONARY & RESPIRATORY**

Nexus Children's Hospital offers pediatric pulmonary care for children who are chronically ill, physically fragile, traumatically injured, or suffering from sleep apnea. Our pulmonologist makes rounds, and our 24/7 care team provides care to children who need short-term tracheotomy/ventilator assistance, and to those with long-term tracheotomy/ventilator dependencies who will return home.







## Caregiver & Family Support.

Connect with other caregivers and families through a Nexus Children's Hospital support group. **Ask the facility for more information.** 

# Care that goes beyond clinical.

Nexus Health Systems is a safe and efficient discharge option for catastrophic cases requiring medical and behavioral management.

# Admissions.

**Please call the admissions office** to refer a patient or to schedule an informational session or tour. Every patient served will need a physician's order/referral to proceed. All major insurance plans, workers' compensation, and personal injury payments accepted.

Phone 713.351.6633 Fax 713.482.4863

Houston Campus 2929 Woodland Park Drive Houston, Texas 77082

The Woodlands Campus 9182 Six Pines Drive The Woodlands, Texas 77380







Nexus Health Systems has returned patients to lives of productivity and meaning for 30 years. 0322